

The Ohio Water Well Association has partnered with NxtGen Wellness to bring you a complete and compliant wellness program as an exclusive benefit for Water Well members.

Ohio Water Wellness provides workplace solutions that help people and businesses be the best they can be. Our complete and compliant wellness program empowers participants to care for their health by providing the **motivation**, **education**, **tools**, and **support** they need to be successful.

Why Ohio Water Wellness?

COMPREHENSIVE ONLINE WELLNESS PORTAL

- Turnkey and customized wellness programs available
- Custom roles for participants, employers, health coaches, screeners, clinicians, and scheduler

TAILORED SUPPORT

- Compliance services and Wellness Plan Document included
- Easy program administration with dedicated account executive
- Extensive employee communication provided to drive engagement
- Online and telephone portal support
- Participation and population health analytics
- Custom incentive program, tracking, and reporting

USER FRIENDLY TECHNOLOGY

- Connectivity to over 20 popular fitness tracking devices and wellness applications
- Our mobile-friendly site allows individuals to participate from home, work, or on the go using any device or smartphone

Program Options

- Onsite health screenings and LabCorp vouchers
- Tobacco Free Programs

- Wellness challenges
- Lifestyle coaching

Our Process

WE DESIGN TAILORED WELLNESS PROGRAMS TO ADDRESS YOUR PARTICIPANTS' HEALTH AND WELLNESS NEEDS

- Participation-based programs
- Health-standard based programs

- Hybrid programs
- Tobacco free programs

Turnkey Wellness Challenges: lifestyle, physical activity, community centered, family focused, sleep hygiene, mindfulness, financial wellness, healthy eating, weight loss

For the Participants



Participants complete Health Risk Assessment (HRA) and wellness screening to establish baseline data.

For the Employer



Participants receive a confidential report that provides information on identified risk factors in addition to

Corporate wellness audits available to assess and improve work environment, policy, and culture.



online education based on their health risks.

Employer receives a 24-page Summary Risk Report outlining their employee population's health data and recommended program strategies.



Participants can set interactive goals based on their wellness needs.

Work with the employer to set program participation and outcome goals.



Participants can track health stats and lab results as well as wellness activities and challenges.

Dedicated account executives offer ongoing feedback regarding program utilization and progress.



Participants can print a report of their data such as screening data, symptom diary, and exercise and nutrition logs.

Robust wellness software gives employers 24/7 access to participation and award reports. Annual Summary Risk Reports shows trends across time.

Individuals can upload and view earned Continuing **Education** credits, in addition to viewing continuing education requirements for water well drillers and water well pump installers.

Employees can access Worker Safety information and resources including featured approved classes and events.

Individuals can review their Member Benefits, services, and opportunities made available through the OWWA.

Continuing Education

Learn

Well

Worker Safety

> Help your employees be well to work with our CDL Certification resources and reminders.

Member Benefits

CDL OHIO WATER Certification

Participants can Learn Well with access to online classes geared at helping them make healthy food choices, lower stress, get better sleep, and more.

Get Active

Help your workforce **Get Active** and get healthy by tracking their physical activity. Employees can sync their favorite fitness device to the wellness portal to have their steps update automatically.